

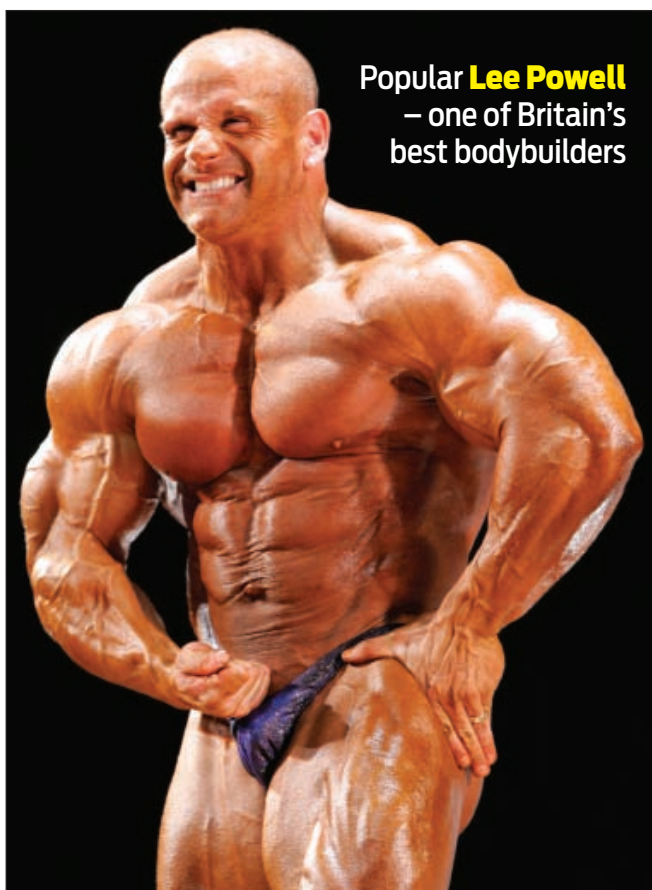


# NORTH EAST CHAMPIONSHIPS

# NEWSLETTER

## INTERNATIONAL GUEST STARS COMING TO LEEDS FOR LAST QUALIFIER

The 2008 UKBFF North-East Championships are returning to the Leeds Town Hall on **Sunday, October 5th** for what promises to be one of the most exciting contests of the year.

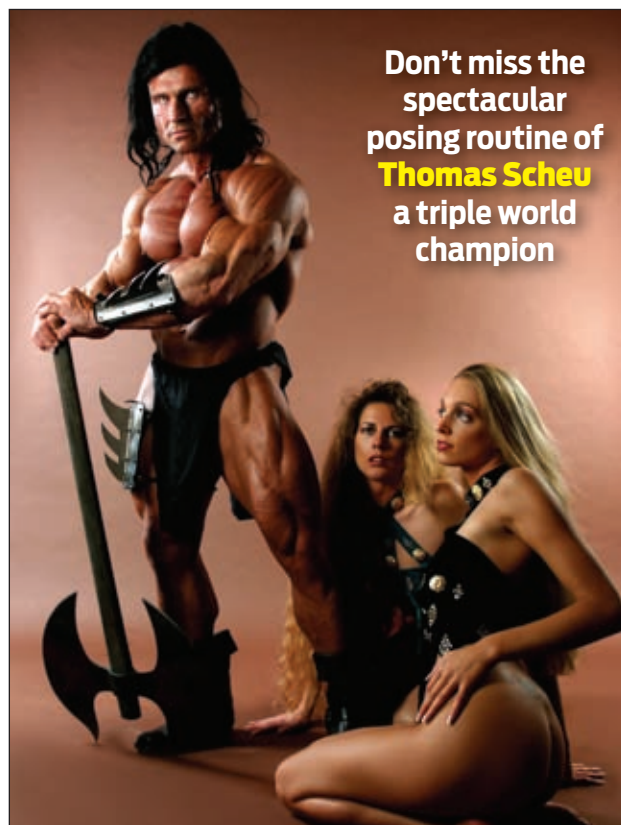


Popular **Lee Powell**  
– one of Britain's  
best bodybuilders

The FLEX-supported competition presents the last chance to qualify for the 2008 UKBFF British Championships, which takes place a fortnight later in Nottingham. The last qualifier is always a thriller as competitors try to make a statement ahead of the British finals – and this year is bound to be no

exception!

While the contest is sure to be fierce, we are lining up some great guest stars to entertain the crowd between the classes. British IFBB pro Lee Powell, who has one of the best structures in pro bodybuilding, will be appearing as will poser extraordinaire Thomas Scheu. He's widely recognised as one of the finest posers in the world. He guest posed as a 21-year-old at the 1983 Mr Olympia and since then has been invited to perform his innovative routines around the globe, but never before in the UK so this is an opportunity not to be missed. We are also talking to some top



Don't miss the  
spectacular  
posing routine of  
**Thomas Scheu**  
a triple world  
champion



**Kerry Kayes**

female talent so watch this space for news of more guest stars.

Thanks to the generosity of our event sponsors, we will have £5,000 worth of products to give away to the best competitors in each class and the overall winner. There

will also be a prize for the best posing routine.

Our event sponsors: **CNP Professional, Garnell Nutrition, Prolab/MRI, Trio-Nutrition** and **USN** with UKBFF sponsors **CNP Professional, MET-Rx, Prolab** and **Dorian Yates Ultimate Formulas** will also be represented so there will be a chance to see and sample many of the latest sports nutrition products on the market. The event will be covered extensively in **FLEX** magazine.

CNP Professional owner Kerry Kayes will once again be the emcee for the evening show, which starts at 6.00pm. Prejudging will start at 1.00pm and the weigh-in is at 11.00am. Every competitor will do his or her routine in the afternoon then at night everyone comes back on stage to collect their medals for taking part. After that the top five in each class will take part

in a posedown. Only the class winners, best poser and, of course, the guest stars do their routines at night – this way everyone gets home at a reasonable hour.

Jim Boulton and his team will be backstage to help any competitors that need tan applying.

The heavyweights is once again shaping up to be one of the classes of the day, with last year's top two Dave Titterton and Pat Warner scheduled to return. Many more of the country's leading bodybuilders are also planning to take part in the hope that they can book their tickets on the last train to the British Championships.

Because the show takes place on a Sunday this year, there will be more parking available at the Leeds Town Hall. Tickets, which cover both the pre-judging and the evening show, cost just £15.00 each (£7.50 for under-12s).

We will contact you again nearer the time with updates. You can also check out the show website at [www.ukbffnortheastchamps.co.uk](http://www.ukbffnortheastchamps.co.uk)



**Karen Norris**  
the 2007  
North-East  
bodyfitness  
champion

**Dave Titterton, Paul Jenkins** and **Patrick Warner** battle it out for the 2007 North-East heavyweight crown at Leeds Town Hall. *All three went through to the British Finals!*



For tickets, entry forms or more information, please contact promoters **Geoff Evans** telephone **01423 877057/504516**, email [gevans@weideruk.com](mailto:gevans@weideruk.com) or **John Plummer** telephone **07919 285085**, email [jplummer@weideruk.com](mailto:jplummer@weideruk.com)

**SPONSORS OF THE 2008 NORTH-EAST CHAMPIONSHIPS**

